

Only 24% of employees engage in their employers wellness program.*

73% of employees want to manage their own health & wellbeing, yet 66% still want you to help them!**

What's an employer supposed to do?

Let employees define wellness for themselves!

* *The Role of Benefits Engagement in Effective Wellness* by Eric Helman, based on studies by Rand and Gallup. *BenefitsPro*, 8/10/2016.

** Willis Towers Watson 2017 Global Benefits Attitude Survey

CONTACT US

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EMPLOYER SOLUTIONS FOR EMPLOYEE WELLNESS



www.YouDefineWellness.com

A NEW SOLUTION:



Combining **Education + Affordable Access**
to the healthy living services employees want!

EMPLOYEE BENEFIT PLAN - ONSITE EDUCATION - SAVINGS CARD

WELLNESS EDUCATION

We have an online catalog with dozens of wellness topics created by our network of vetted healthy living professionals! Great for local lunch-n-learns at the workplace or select a topic from our long distance learning classes and staff anywhere can access via technology!

AFFORDABLE ACCESS

Between our employer-subsidized benefit plan, and our discount savings card, employees can save on the services and products they desire of choice from our network.

Our vetted provider network offers a wide range of services from massage therapy to nutrition coaching, mental health to new age holistic... and everything in between.

There is something for everyone in our network!

OUR PRODUCTS

WELLNESS EDUCATION

We eliminate the hunt for lunch-n-learn speakers with our online catalog! Contact instructors directly or hire us to do the work for you for far less than you would to hire a staff person to manage your worksite wellness education!

HEALTHY LIVING SAVINGS CARD

A great gift for employees or a way to say 'Thank You' to clients... the **Healthy Living Savings Card** by *You Define Wellness*.. Cardholders receive discounts on healthy living products & services. The card never expires and can be used countless times each month.

EMPLOYEE WELLNESS BENEFIT PLAN

The Have-it-All plan! Not only will your company receive one worksite wellness education class per month, but enrolled employees will also receive credit towards one healthy living service per month. As an added bonus, enrolled employees will also receive a Healthy Living Savings Card!